

家用热拉提

MANUAL FOR HOME USE OF THERMAL
BODY&FACE LIFTING



使用说明书

AN INSTRUCTION MANUAL

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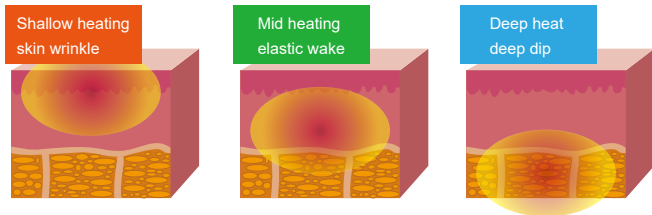
Product Overview

We are so appreciated you select our newest beauty apparatus for facial wrinkle reduction, and Thermal body&face lifting is the new generation of non-invasive skin firming and perfecting technology. Thermal body&face lifting is a non-invasive beauty apparatus for facelift that has passed China's Compliance Certification and CE Certification. Thermal body&face lifting Focus RF is the new generation of RF firming technology, and the accurate action on surface layer, superficial layer, middle layer and deep layer to achieve the purpose of wrinkles reducing, tightening and beautifying.

Before using the beauty instrument, please read this manual carefully and strictly adhere to the guidelines.



Instrumental Advantage



"Thermal body&face lifting", a miracle instrument to make facelift without any surgical operation, which can effectively reduce the wrinkles, awaken the skin elasticity, lift the soft tissue structure, improve to firm the face and intensify the rejuvenation effect on the face, honored as "a spring of younger".

Instrument Parameters

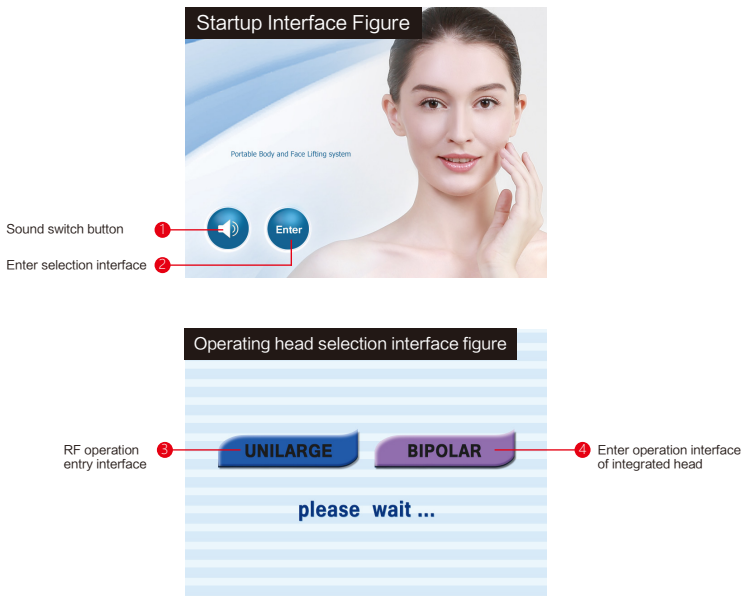


Product name: Thermal body&face lifting		Model: H-020
Rate: 50-60HZ	Power voltage: 110~220V	Working voltage: 36V
Power: 80W	Instrument size: 25*25*10cm	Operating head: 2个

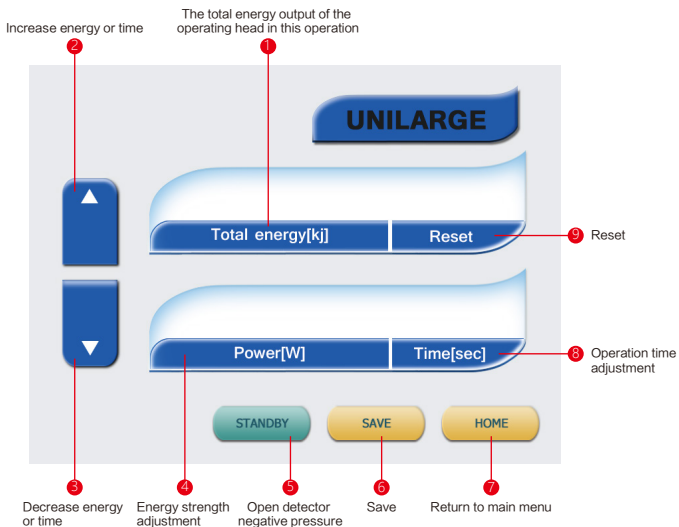
Explanatory Figure for Product



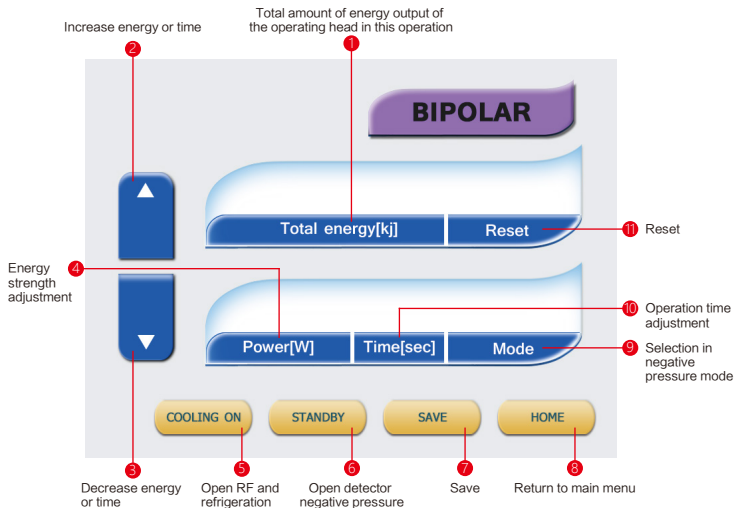
Explanatory Figure for System Interface



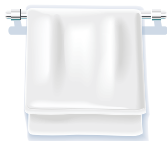
RF head operation interface figure



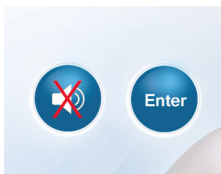
Integrated head operation interface figure



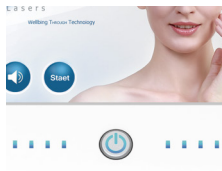
Operating Procedures



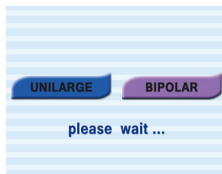
- Step1: Clean up the operation part firstly.



- Step3: A small interface will occur on the display after opening the display (Figure 2), the speaker icon is the sound control. Click the speaker icon slightly, the speaker will display X, and X represents a closed sound of the instrument. Click ENTER to enter the main interface.

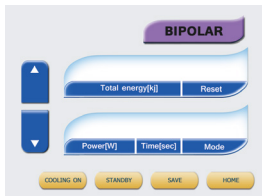


- Step2: Press the circular switch key at the top of the screen to open the display screen.



- Step4: Two options are available after entering the main interface (interface figure). UNILARGE represents RF head operation interface. BIPOLAR represents to enter the integrated head (including three functions, i.e., negative pressure, refrigeration and radio frequency) operation interface.

BIPOLAR integrated head operation procedure



Time[sec]

- Step5: We click BIPOLAR to enter the integrated head operation interface (as shown in figure).

- Step6: Then adjust the operation time, set the face operation time as 60min, and body operation time as 90 min.

Power[W]

1

Energy adjustment



2

Increase energy strength

COOLING ON

3

Open refrigeration and RF

STANDBY

4

Open the negative pressure function

Mode

5

Click item

- Step7: Click on the screen to select the energy adjustment, slightly click arrow to adjust the energy strength as 40, then click to open refrigeration and RF, click to open the negative pressure function. Finally click , four options are available for MODE, 1 represents that the operating head absorbs for 1s and releases for 1s, 2 represents that the operating head absorbs for 2s releases for 1 and 3 represents that the operating head absorbs for 3s and releases for 1s (in the operation process, the more time the operation head absorbs, the stronger feel it represents, vice versa). The mode should be selected based on the user's feeling. When the instrument is applied to the body, it is suggested to select the mode with the longest time for the body operation).



Power[W]

STANDBY

- Step8:Special medium is painted on the operation part.The customer can adjust the feeling in the operation process to adjust the energy strength, the energy will be increased gradually until the customer has the most comfortable feeling (it is strictly forbidden to operate the instrument from the highest temperature, or the skin may be injured).

Remark: The operation modes of integrated head and Focus RF are shown as follows:

The special medium we provided shall be used when operating the integrated head, the integrated head is provided with negative pressure suction, and the operation medium used must be of volatility, or it will block the air pump, resulting in abnormal use of instrument; in case of any operation failure caused by that the customer uses other medium, the customer shall bear the repair cost of the parts.



Neck

Lift and move the detector from the inferior position of neck to the inferior position of the chin along the neck, and move the chin to the lymph node position of the ears. Do remember that the detector shall not be operated on the laryngeal prominence.



Face

Move and lift (3-6 times) the detector to the position of zygomatic bone, and then to the position of ear lymph node from the corners of the mouth along a circular arc.



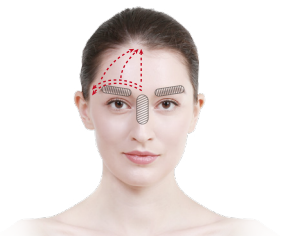
Canthus

Slowly lift the detector from the position of orbital bones to the temple, the energy should not be adjusted as too high, and it is suitable when the customer has a warm feeling, and move the instrument to the canthus along the orbital bones at a shape of semicircle. It is strictly forbidden to operate on the upper eyelid and eyeball.



Abdomen

Slowly move the detector to the navel from outside to inside centering on the navel, the horizontal operation should not be too large, and move the detector from the position of stomach to the cadera. (It is forbidden to operate it on the belly button)



Forehead

Lift the detector from eyebrows to the hairline, operate from the bottom up, then move and lift the detector horizontally to brow ridge around. It is strictly forbidden to operate the instrument on the eyebrows and bridge of the nose.



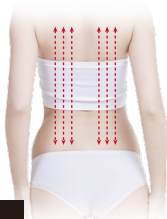
Leg

Move the detector from inner thigh to the outer thigh, from the knee to the leg end; one more operation should be conducted after the above cycle operation.



Arm

Move the detector from the arm downside to the outside, and slowly lift it to the outside (butterfly sleeve and bye-bye fat can be tightened)



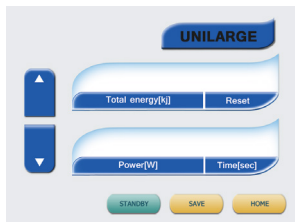
Back

Operate the detector from lower part of cervical vertebra to lumbar; repeat until cover the whole back. (Repeat 2-3 times for each action). Operate it on the back for scrapping detoxification.

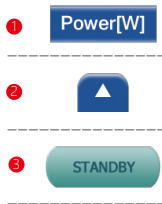
- Step 9: Upon operation, you should clean the medium on the operating position, and apply pure hydrating mask and eye mask for 15 minutes.
- Step 10: Alcohol swab (subject to no drip) is used to wipe and sterilize the detector to clean medium residue on the detector and prolong the service life of the machine.
- For sensitive skin, it is recommended that you can use it every 15 days (integrated head mode 1 is used during operation, and it should not be too high for energy strength); for normal skin, you can use it every 5-7 days.
- **Attention:** The detoxification phenomena at different degrees will occur on the face after the operation: Such as: pimple, acne, acturc discascs, rubedo and itching are normal phenomena, which will be recovered to be normal on general skin within 1-3 days, and longer time for special cases. It is suggested to use hydrating mask every day for the above phenomena continually for one week. If the pimples or acnes occur after the operation, vitamin B6 ointment can be used for 3-5 times every day. As the machine can promote the skin blood circulation and accelerate detoxification of the skin, if the toxin is much in the skin, the pimples or acnes will occurs. If the skin is insufficient in massage care, lacking water or sensitive, rubedo, acturc discascs and itching will occur.

Attention: The bearing capacities of people's skin are not the same, thus, the energy strength used by the customer in the operation process is different, and the customer should adjust the energy strength of the instrument based on the actual feeling of your skin.

Operating process of UNILARGE focus head



- Step1:After completing the integrated head, click HOME to return to startup interface, click ENTER button to enter the main interface, then click UNILARGE to enter the operation interface of RF head.



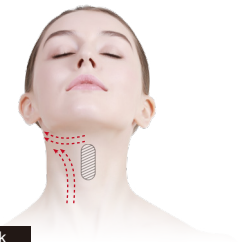
- Step2:Then adjust the operation time, set the face operation time as 60min, and body operation time as 90min.

- Step3:Click on the screen to select the energy adjustment, click arrow slightly, adjust the energy strength as 40 (the customer does not know whether it is suitable for the skin), click to enable the instrument to enter work preparation state.



Long press the button in operation

- Step4:Special medium is painted on the operation part.The customer can adjust the feeling in the operation process to adjust the energy strength, the energy will be increased gradually until the customer has the most comfortable feeling (it is strictly forbidden to operate the instrument from the highest temperature, or the skin may be injured).



Neck

Lift and move the detector from the inferior position of neck to the inferior position of the chin along the neck, and move the chin to the lymph node position of the ears. Do remember that the detector shall not be operated on the laryngeal prominence.



Face

Move and lift (3-6 times) the detector to the position of zygomatic bone, and then to the position of ear lymph node from the corners of the mouth along a circular arc.



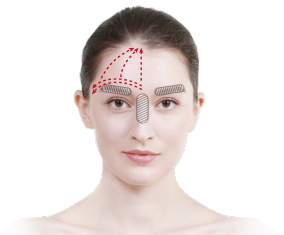
Canthus

Slowly lift the detector from the position of orbital bones to the temple, the energy should not be adjusted as too high, and it is suitable when the customer has a warm feeling, and move the instrument to the canthus along the orbital bones at a shape of semicircle. It is strictly forbidden to operate on the upper eyelid and eyeball.



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Slowly move the detector to the navel from outside to inside centering on the navel, the horizontal operation should not be too large, and move the detector from the position of stomach to the cadera. (It is forbidden to operate it on the belly button)



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Lift the detector from eyebrows to the hairline, operate from the bottom up, then move and lift the detector horizontally to brow ridge around. It is strictly forbidden to operate the instrument on the eyebrows and bridge of the nose.



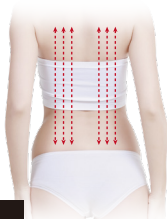
Leg

Move the detector from inner thigh to the outer thigh, from the knee to the leg end; one more operation should be conducted after the above cycle operation.



Arm

Move the detector from the arm downside to the outside, and slowly lift it to the outside (butterfly sleeve and bye-bye fat can be tightened)



Back

Operate the detector from lower part of cervical vertebra to lumbar; repeat until cover the whole back. (Repeat 2-3 times for each action). Operate it on the back for scrapping detoxification.

- Step 6: Upon operation, you should clean the medium on the operating position, and apply pure hydrating mask and eye mask for 15 minutes.
- Step 7: Alcohol swab (subject to no drip) is used to wipe and sterilize the detector to clean medium residue on the detector and prolong the service life of the machine.
- For sensitive skin, it is recommended that you can use it every 15 days (integrated head mode 3 is used during operation, and it should not be too high for RF energy); for normal skin, you can use it every 5-7 days.
- **Attention:** The detoxification phenomena at different degrees will occur on the face after the operation: Such as: pimple, acne, acturc discascs, rubedo and itching are normal phenomena, which will be recovered to be normal on general skin within 1-3 days, and longer time for special cases. It is suggested to use hydrating mask every day for the above phenomena continually for one week. If the pimples or acnes occur after the operation, vitamin B6 ointment can be used for 3-5 times every day. The machine is effective to promote blood circulation of skin and boost the toxin emission at the bottom of skin. Heavy toxins remaining under cover of skin will spur the occurrence of pimples or acne; If the skin is insufficient in massage care, lacking water or sensitive, rubedo, acturc discascs and itching will occur.

Attention: The bearing capacities of people's skin are not the same, thus, the energy strength used by the customer in the operation process is different, and the customer should adjust the energy strength of the instrument based on the actual feeling of your skin.

Use Contraindication

People with the following symptoms shall be cautious when using the instrument and ask for advices from the doctor or professional; the details are as follows:

- In case the operation part has been filled with artificial fillers, such filled part shall be avoided when operating the instrument.
- The customer should tell to doctor whether she/he has injected hyaluronic acid or collagen within half year;
- The customer shall not wear any metal articles in the operation;
- People with heart diseases or wearing the pace maker are not suggested to conduct any operation.
- The customer is not suggested to make up on the day accepting the operation, or the face should be cleaned up before the operation;
- The operation shall not be operated if the female is in the period;
- In the operation, the detector shall not be operated on the position with wound or purulent acne, within orbital bones or Adam's apple;
- This instrument is not suitable for the patient allergic to metal.
- Although sufficient evidence is not available to certify that this instrument can influence the patients with tumor and active skin disease, it is not suggested that such patient to use this instrument.
- Although direct evidence is not available to certify that this instrument has any effect on the pregnant, it is not suggested the pregnant to use this instrument.
- Although it is not certified that the ultrasonic wave may result in osteoporosis of the rib, it is not suggested to operate the instrument on the rib.
- If the face is in an allergic period, this instrument shall not be operated within one week after the completion of the allergic period.

- The lowest level of energy shall be adopted when using this beautifying instrument, and the energy can be adjusted and increased gradually based on their actual feelings, until they have the most comfortable feeling. It is forbidden to open the energy to the largest level, the bearing energy of each person is not the same, thus the energy strength will be different in specific operation, and if the instrument is started with the highest energy level, it may injure the skin.
- People not suitable to use the instrument: 1. Those do not carry out any care and maintenance; 2. Those have a sensitive and extremely dry skin; 3. Those have pustules and acne. After the operation, detoxification phenomena may occur on the face, such as pimple, acne, acturc discascs and rubedo, which are normal. For such conditions, maintenance and hydrating mask will be effective.

Note: This instrument should be matched with our dedicated medium instead of other gel or essential oil when using; any problem incurred due to using other mediums will be considered as individual responsibility.

Notes to Operate Thermal body&face lifting

- Hot water shall not be used to wash face within 3 days; (warm or cold water is available)
- The moisturizing and sun protection of the operated position shall be strengthened;
- Hot spring shall not be used within 3 days;
- Make-up shall not be conducted within one day after the operation, light make-up is available after one day, and heavy make-up shall not be conducted after 4 days;
- It is suggested to use 4 masks at least, and drink water not less than 2000cc (8 cups of water).
- Spicy food shall be avoided as much as possible, smoking, drinking and staying up shall be forbidden, fruit and vegetables shall be eaten as much as possible, and the meals shall be light.
- It is not suggested to carry out strenuous exercises at the current day using the instrument.

Equipment Maintenance

- Please clean the instrument with clean water and stored properly after each operation.
- Plug with pin is a must before using the instrument, and it must ensure that the power socket of the instrument is really grounded.
- Ensure the instrument voltage is suitable. We suggest the user to increase the voltage-stable power matching with the power if the local power voltage is not stable.
- For treatment effect of the instrument and ensure the normal service life, please use the appointed accessories provided by the originating factory.
- The instrument can neither be placed in the damp place or around water source; nor be exposed to direct sunshine.
- The instrument cannot be close to the strong heat source, if so, it shall affect the service life and normal use of the instrument.
- Current loop guard shall be used in winter or dry weather, the position contact the skin shall be provided with a certain moisture to avoid the poor contact, and wiping with water-based product or water can reach the necessary effect.
- The medium, such as water, oil, etc. cannot leak in the instrument, and the instrument cannot be knocked, thrown or heavy falls in case of damage the instrument.
- Please clean the detector timely after the operation and cut off the power supply.
- The warranty period is one year. The instrument is maintained and replaces components for free under the precondition of normal use during the warranty period.
- We provide lifetime maintenance and technical support.
- The instrument shall not be cleaned and wiped with any articles containing ethyl alcohol.

Packing list



1

Host×1



2

RF
operating head×1



3

Integrated
operating head ×1



4

Power wire×1



5

CD×1



6

Certificate of approval×1



7

Instructions×1

Warranty Card

Maintenance Record Sheet

Product name: Thermal body&face lifting Purchasing date:

One year of warranty period (since the purchase date)

Store name:

Address:

Customer name:

Tel:

Maintenance date	Fault cause	Maintenance content

Product Overview

产品概述

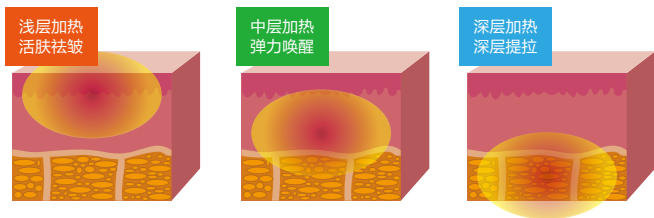
欢迎使用最新改善脸部皱纹美容仪，热拉提是全球新一代无创紧肤除皱技术。热拉提已通过中国电器符合性认证和 CE 认证的无创拉皮美容仪。热拉提聚焦 RF 是新一代的紧肤技术，通过聚焦 RF 技术实现对皮肤表皮、浅层、中层、深层的作用，达到改善皮肤皱纹，紧致肌肤，美肤的目的。

使用仪器前，请仔细阅读本手册并且严格遵从手册里面的指引操作本仪器。



Instrumental advantage

仪器优势



“热拉提”—真正不动刀即可提拉紧肤的利器，可有效改善皱纹，唤醒皮肤弹性，深度提拉软组织结构，达到全脸紧致提升的年轻化效果，被誉为现实中的“青春不老泉”。

Quick Details

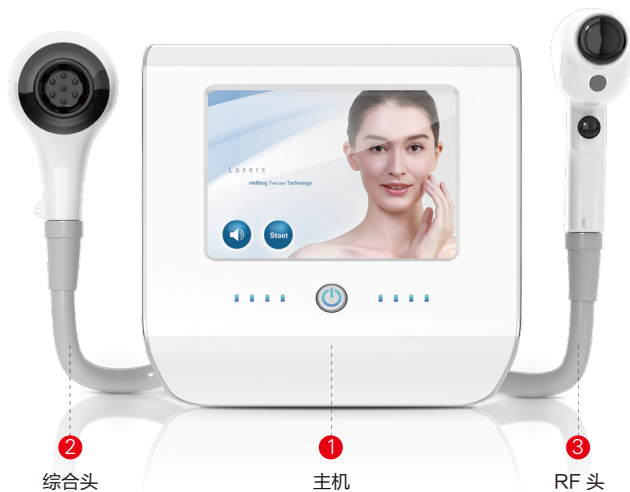
仪器参数



产品名称：热拉提	产品型号：H-020	操作头：2个
电源电压：110~220V	工作电压：36V	功率：80W
频率：50-60HZ	仪器尺寸：25*25*10cm	

Product illustration

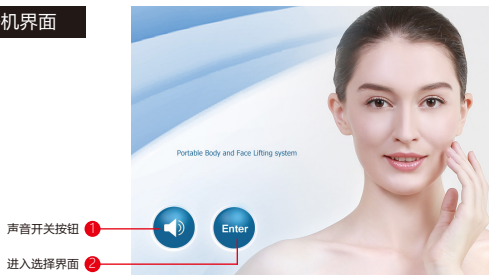
产品图示



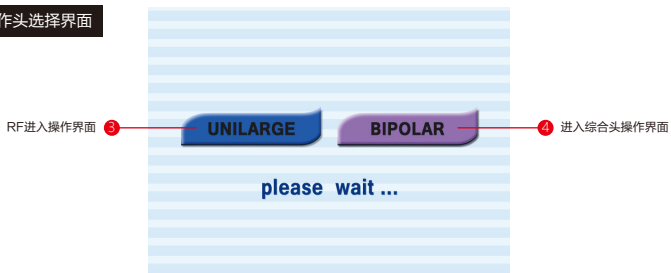
User Interface

系统界面图示

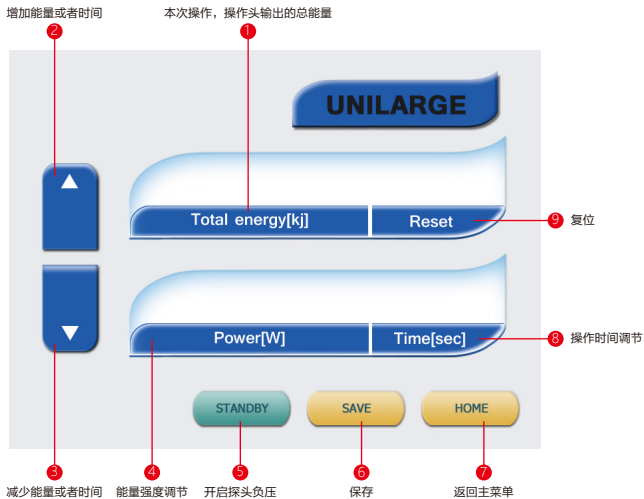
开机界面



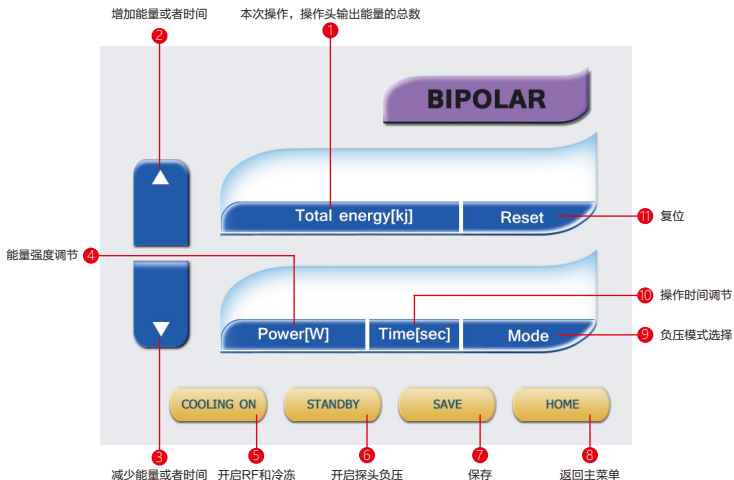
操作头选择界面



RF头操作界面

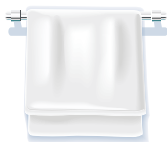


综合头操作头界面

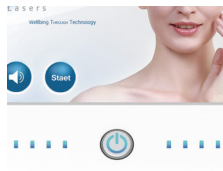


Operation Steps

操作步骤



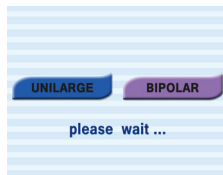
- 第一步：首先将操作部位清洗干净。



- 第二步：接上电源后，按下屏幕上方的圆形开关键，打开显示屏。

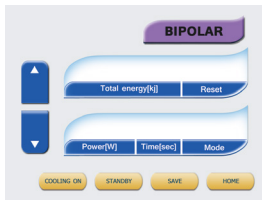


- 第三步：上面的喇叭代表声音控制，轻轻点击喇叭，喇叭会显示为 X，X 代表仪器声音关闭。轻轻点击 ENTER 按钮进入主界面。（如图）



- 第四步：进入到主界面后，UNILARGE 代表进入 RF 头操作界面。BIPOLAR 代表进入综合头操作界面。

BIPOLAR综合头操作步骤



Time[sec]

- 第五步：我们先点击 BIPOLAR 进入综合头操作界面。（如图）
- 第六步：调节好操作时间，一般脸部操作时间设置为 20 分钟，身体操作设置为 60 分钟。



- 第七步：轻轻在屏幕点击 Power[W] 选中能量调节，轻点击箭头可将能量往上调节，能量强度调节到皮肤感觉到温热感舒适为主，然后点击 COOLING ON 开启冷冻和 RF，点击 STANDBY 把负压功能开启。最后点击 Mode，Mode 有三个选项，1 代表操作头吸 1 秒然后放 1 秒，2 代表吸 2 秒放 1 秒，3 代表吸 3 秒放 1 秒，仪器默认为 1 的模式，选择个人最舒适的模式来操作（操作过程中，综合操作头吸的时间越长，代表负压压力感觉越强烈，吸的时间越短代表负压感觉越弱，建议根据自己感受来调节。操作身体时，建议选择 3 模式来操作，建议操作脸部选择 1 模式来操作）。



Power[W]

STANDBY

- 第八步：在操作部位上涂抹上专用介质，把介质涂抹均匀，涂抹至看不到白色介质为准，操作中专用介质被吸收完应立即补充介质。

RF 能量强度和负压模式客户需要根据操作过程中的感受来慢慢调节，一般是从低到高的增加能量，一直到自我感觉最舒适的能量强度来操作。（切忌能量从最高开始操作，能量过高容易损伤肌肤。）

注：综合头和聚焦 RF 枪操作方式如下：

综合头操作的时候必须使用我们配送的专用介质，综合头具有真空负压吸力，使用的操作介质必须要具备挥发性，要不然就会堵塞气泵导致仪器无法正常使用，如果因为客户使用其它介质而导致仪器不能正常工作，零部件维修费用是客户自己承担。



颈部操作

（建议颈部操作 RF 枪，双下巴操作先用综合头，再使用 RF 枪操作）：探头从锁骨上方开始沿着颈部向上提拉到下颏骨位置（每个动作操作 3-4 遍）后，再从下巴位置移动到耳朵根部淋巴结位置（操作 3-4 遍）由个人情况设定。切记探头不可作用到喉结。下巴部位可用综合头使用，收紧双下巴。



脸部操作

（建议先用综合头操作，再用 RF 枪操作）：探头吸上皮肤后从下颌骨缓慢向上提拉到颧骨的部位（操作 3-6 遍），再从鼻翼沿着苹果肌下缘圆形移动提到太阳穴再从太阳穴排至耳后淋巴结。根据个人情况设定。



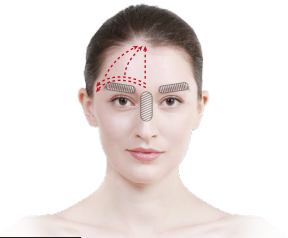
眼部操作

(先用综合头操作, 再用 RF 枪操作): 探头先从眼内角位置慢慢的向上提拉至太阳穴操作, 再从眼外角位置提拉至发际线位置(单边眼部建议操作约为 5 分钟)能量以感觉到温热感为宜, 不可操作上眼皮。RF 头使用在眼部时可使用浓稠精华眼霜配合使用(不可使用眼油)。



腹部操作

(先用综合头操作, 再用 RF 枪操作): 探头从侧腹吸上皮肤后缓慢移动到肚脐旁, 再从中腰侧移至肚脐, 下腰侧移至肚脐, 最后从肚脐位置移动到腹股沟位置(每个动作重复 3-5 遍), 操作时不要移动的太大, 应当缓慢操作。根据个人的松弛程度来设定, 以皮肤每个位置都能感觉到温热为宜。



额头操作

(先用综合头操作, 再用 RF 枪操作): 探头先从眉心向上缓慢提拉至发际线, 眉中到发际线, 眉尾到发际线, 从下到上操作。横向操作, 从印堂位置移动至太阳穴, 额中移至太阳穴(以上每个动作重复操作 3-5 遍)。



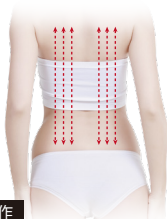
腿部操作

(先用综合头操作, 再用 RF 枪操作): 探头先大腿侧窝位置吸上皮肤后, 缓慢向上移动至于腹股沟位置, 再从膝盖上方操作到大腿根部, 每个操作均提拉至腹股沟位置。(每个位置建议操作 3-5 遍)。



手臂操作

(先用综合头操作, 再用 RF 枪操作): 探头先从小臂下侧操作到外侧反复向上提拉至腋窝位置 (每个动作操作 3-5 遍)。



背部操作

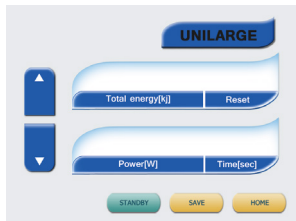
(先用综合头操作, 再用 RF 枪操作): 探头先从颈椎下侧操作到后腰, 来回操作把整个背部操作完。(每个动作操作 2-3 遍)。操作背部进行刮痧排毒。

- 第九步: 操作完毕后, 清洗操作部位介质, 敷纯补水面膜和眼膜 15 分钟。
- 第十步: 用酒精棉棒 (以不滴水为标准) 对探头进行擦拭消毒, 防止介质残留在探头上, 延长机器的使用寿命。
- 脸部敏感性肌肤建议 15 天操作一次 (操作过程中综合头使用模式 1 操作, 能量强度不宜过高), 正常肌肤 5-7 天可操作一次。
- **注意:** 操作后脸部会出现不同程度的排毒现象: 例如: 长痘痘、红疙瘩、出砂、发红、发痒等现象均属于正常, 正常肌肤一般在 1-3 天会自动修复, 个别特殊情况会在较长时间修复。出现以上现象建议每天敷补水面膜连续一周。如操作后有长痘痘或者小红疙瘩者可配合涂抹维生素 B6 软膏每天涂抹三到五次。因机器能快速促进皮肤血液循环加快皮肤底层毒素大量排出, 如果皮肤隐藏的毒素很多, 则会会长痘或者起小红疹; 皮肤平时缺少按摩护理, 缺水或者敏感的, 则会出现发红、出砂、皮肤发痒等现象。

综合头建议使用特定的介质使用:

每个人的肌肤承受能力不一样, 因此每个客户操作过程中使用的能量强度是不一样的, 所以客户在操作本仪器过程中, 一定要根据自己的肌肤实际感受来灵活调节仪器的能量强度。

UNILARGE 聚焦头操作步骤



- 第一步：点击 HOME 按钮返回到开机界面，点击 ENTER 按钮进入主界面，点击 UNILARGE，进入到 RF 头操作界面（如图）。



- 第二步：调节好操作时间，一般脸部操作时间设置为 20 分钟，身体操作设置为 60 分钟。
- 第三步：轻轻在屏幕上点击 Power[W] 选中能量调节，轻轻点击箭头，把能量强度向上调节到皮肤温热觉得舒适后，点下 STANDBY，仪器进入准备工作状态。



- 第四步：在操作部位上涂抹上专用介质，把介质涂抹均匀，涂抹至看不到白色介质为准，操作中专用介质被吸收完应立即补充介质。



RF 能量强度客户需要根据操作过程中的感受来慢慢调节，一般是从低到高的增加能量，一直调节到自我感觉最舒适的能量强度来操作，（切忌能量不可从最高开始操作，热能过高容易损伤肌肤）。



颈部操作

（颈部操作建议只使用 RF 枪，双下巴操作先使用综合头，再使用 RF 枪）：探头从锁骨上方开始沿着颈部向上提拉到下颏骨位置（每个动作操作 3-4 遍）后，再从下巴位置移动到耳朵根部淋巴结位置（操作 3-4 遍）由个人情况设定。切记探头不可作用到喉结。下巴部位可用综合头使用，收紧双下巴。



脸部操作

（先用综合头操作，再用 RF 枪操作）：探头上皮肤后从下颌骨缓慢向上提拉至颧骨的部位（操作 3-6 遍），再从鼻翼沿着苹果肌下缘圆弧形移动提到太阳穴再从太阳穴排至耳后淋巴结。根据个人情况设定。



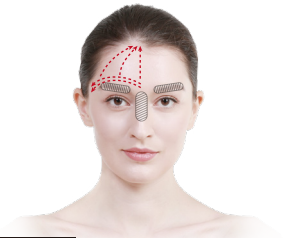
眼部操作

(先用综合头操作, 再用 RF 枪操作): 探头先从眼内角位置慢慢的向上提拉至太阳穴操作, 再从眼外角位置提拉至发际线位置 (单侧眼部建议操作约为 5 分钟) 能量以感觉到温热感为宜, 不可操作上眼皮。RF 头使用在眼部时可使用浓稠精华眼霜配合使用 (不可使用眼油)。



腹部操作

(先用综合头操作, 再用 RF 枪操作): 探头从侧腰吸上皮肤后缓慢移动到肚脐旁, 再从中腰侧移至肚脐, 下腰侧移至肚脐, 最后从肚脐位置移动到腹股沟位置 (每个动作重复 3-5 遍), 操作时不要移动的太大, 应当缓慢操作。根据个人的松弛程度来设定, 以皮肤每个位置都能感觉到温热为宜。



额头操作

(先用综合头操作, 再用 RF 枪操作): 探头先从眉心向上缓慢提拉至发际线, 眉中到发际线, 眉尾到发际线, 从下到上操作。横向操作, 从印堂位置移动至太阳穴, 额中移至太阳穴 (以上每个动作重复操作 3-5 遍)。



腿部操作

(先用综合头操作, 再用 RF 枪操作): 探头先大腿侧窝位置吸上皮肤后, 缓慢向上移动至于腹股沟位置, 再从膝盖上方操作到大腿根部, 每个操作均提拉至腹股沟位置。 (每个位置建议操作 3-5 遍)。



手臂操作

(先用综合头操作, 再用 RF 枪操作): 探头先从手臂下侧操作到外侧反复向上提拉至腋窝位置 (每个动作操作 3-5 遍)。



背部操作

(先用综合头操作, 再用 RF 枪操作): 探头先从颈椎下侧操作到后腰, 来回操作把整个背部操作完。(每个动作操作 2-3 遍)。操作背部进行刮痧排毒。

- 第六步: 操作完毕后, 清洗操作部位介质, 敷纯补水面膜和眼膜 15 分钟。
- 第七步: 用酒精棉棒 (以不滴水为标准) 对探头进行擦拭消毒, 防止介质残留在探头上, 延长机器的使用寿命。
- 脸部敏感性肌肤建议 15 天操作一次 (操作过程中使用综合头用模式 3, RF 能量不宜过高), 正常肌肤 5-7 天可操作一次。
- **注意:** 操作后脸部会出现不同程度的排毒现象: 例如: 长痘痘、红疙瘩、出砂、发红、发痒等现象均属于正常, 正常肌肤一般在 1-3 天会自动修复, 个别特殊情况会在较长时间修复。出现以上现象建议每天敷补水面膜连续一周。如操作后有长痘痘或者小红疙瘩者可配合涂抹维生素 B6 软膏每天三到五次的涂抹。因机器能快速达到促进皮肤血液循环加快皮肤底层毒素大量排出的作用。如皮肤隐藏的毒素越多的会长痘或者起小红疹; 如皮肤平时缺少按摩护理, 缺水或者敏感的, 会出现发红出砂皮肤发痒等现象。

综合头建议使用特定的介质使用。

每个人的肌肤承受能力不一样, 因此每个客户操作过程中使用的能量强度是不一样的, 所以客户在操作本仪器过程中, 一定要根据自己的肌肤实际感受来灵活调节仪器的能量强度。

Use Taboo

使用禁忌

下列症状者使用本仪器要慎重,使用前请征询医生或者专业人士的意见, 详细如下:

- 若操作部位做了假体者,操作仪器时要避开此区域;
- 如实告知医生操作区域最近半年内是否有注射玻尿酸、胶原蛋白;
- 身上严禁佩戴任何金属物品;
- 有心脏性疾病、装置有心律调整器不建议进行操作;
- 操作当日请勿化妆,或于操作前彻底清洁面部;
- 女性生理期避免操作;
- 操作时,探头不能操作于有伤口或者有脓性暗疮部位、眼皮上和喉结部位操作;
- 对金属过敏者,不建议使用该仪器。
- 虽未有证据证实该仪器会对肿瘤和活性皮肤疾病患者患有皮肤患者产生影响, 仍不建议该人群使用本仪器。
- 虽未有直接证明本仪器对孕妇有危害,但仍不建议孕妇使用。
- 禁止在肋骨上操作,虽未证实 RF 有可能使肋骨骨质疏松,但不建议使用。
- 脸部正在过敏期的需要等到过敏期结束后一个星期方可操作该仪器。
- 使用该美容仪器时,切忌能量从最小开始使用,根据个人的感受慢慢的往上调节能量,一直调节到自己肌肤最舒适能量操作即可!切忌直接把能量开启到最大操作,每个人肌肤承受能量不同,操作时选择的能量强度也会有所不同,客户在操作时,仪器直接开启到最大能量操作,有可能会出现的损伤肌肤的情况。
- 不建议使用的人群: 1、从不做护理保养的人群; 2、严重敏感性肌肤、极干性肌肤的人群; 3、长包包及暗疮的人群等。操作后可能会出现这种情况长痘、疙瘩、暗疮、出砂、红血丝增多、发红等现象均属正常。出现这种情况不用担心,多做保养、多数纯补水的面膜。

注: 使用本仪器一定要配合我们的专用介质使用,不可配合其他的凝胶或精油使用,如果配合其他的介质使用出现任何问题由个人承担。

Matters needing attention

热拉提操作注意事项

- 三天内请勿用热水洗脸；（可使用温水或者冷水洗脸）
- 加强操作部位的保湿与防晒；
- 三天内勿泡温泉；
- 操作后一天内请不要化妆，一天后可化淡妆，四天内勿化浓妆；
- 建议一周最少敷用面膜 4 次，每天喝水不少于 2000cc（八杯水）；
- 少吃辛辣的，不能抽烟、喝酒、熬夜，多吃瓜果蔬菜，吃清淡点的食物；
- 操作仪器当天不建议立马进行激烈运动。

Equipment Maintenance

仪器维护

- 每次使用完仪器请用清水清洁干净并且妥善保存。
- 仪器使用前必须使用带脚的插头,并确保仪器电源插座已经真实接地。
- 确保仪器电压是适配的,如果当地电源电压不稳定,我们建议用户增加功率匹配的穩定电源。
- 为了仪器的疗程效果及保证正常的使用寿命,请统一使用原厂家提供或建议使用的指定配件。
- 仪器不可摆放在潮湿处或者水源附近,也不要将仪器直接暴晒在阳光照射到的地方。
- 不要将仪器接近强的热源体,因为这样有可能影响仪器的寿命和正常使用。
- 冬天或天气干燥时使用电流回路臂套,为避免接触不良,请注意接触皮肤的地方要有一定的湿润度,用水性产品或水擦拭一下即可达到需要效果。
- 水油等介质不得渗入到仪器内部,不能撞击敲打以及重摔以免损坏仪器。
- 用完后请及时清洗探头并断开电源。
- 保修期一年,保修期内机器在正常使用的前提下,负责免费维修、更换零件。
- 提供终生维修和技术支持。
- 仪器禁止使用含有酒精的东西进行清洁擦拭。

Packing list

装箱清单



1

主机 1 台



2

RF 操作头 1 个



3

综合操作头 1 个



4

电源线 1 套



5

光盘 1 张



6

合格证 1 份



7

说明书 1 份

Warranty Card

保修卡

维修记录表		
产品名称: 热拉提	购买日期:	保修期一年(自购买之日起)
经销店名:	地 址:	
顾客姓名:	电 话:	
维修日期	故障原因	维修内容

