

# Moist / Dry Heating Pad®

Models:

MH6100P-A MH6100P-B

#### MH6101P-A MH6101P-B IMPORTANT SAFETY INSTRUCTIONS

DANGER: TO REDUCE RISKS OF BURNS, ELECTRIC SHOCK, FIRE, AND PERSONAL INJURY, THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS

DO NOT DESTROY

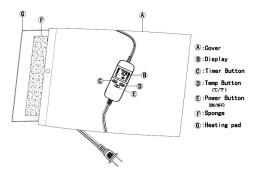
- 1. READ ALL INSTRUCTIONS.
- 2. DO NOT USE WHILE SLEEPING.
- 3. DO NOT USE ON AN INFANT OR ON AN ANIMAL. 4. THIS PAD IS NOT TO BE USED ON OR BY AN INVALID, A SLEEPING OR UNCONSCIOUS PERSON, A PERSON WITH DIABETES, OR A PERSON WITH POOR **BLOOD CIRCULATION.**
- 5. DO NOT USE ON AREAS OF INSENSITIVE SKIN. 6. BURNS CAN OCCUR REGARDLESS OF CONTROL
- SETTING, CHECK SKIN UNDER PAD FREQUENTLY.
- 7. DO NOT USE IN AN OXYGEN ATMOSPHERE.

  8. DO NOT USE PINS OR OTHER METALLIC MEANS TO FASTEN THIS PAD IN PLACE.

  9. DO NOT SIT ON OR AGAINST OR CRUSH PAD –
- **AVOID SHARP FOLDS.**
- 10. NEVER PULL THIS PAD BY THE SUPPLY CORD.
  11. DO NOT USE THE CORD AS A HANDLE.
  12. CAREFULLY EXAMINE INNER COVER BEFORE
- EACH USE. DISCARD THE PAD IF INNER COVERING SHOWS ANY SIGNS OF DETERIORATION.
- 13. NEVER USE PAD WITHOUT THE REMOVABLE COVER IN PLACE.
- 14. THIS UNIT SHOULD NOT BE USED BY CHILDREN WITHOUT ADULT SUPERVISION.
- 15. PLACE PAD ON TOP OF AND NOT UNDER THE PART OF THE BODY NEEDING HEAT.
- 16. USE THIS PAD ONLY ON A 110-120 VOLT AC CIRCUIT. UNPLUG WHEN NOT IN USE. 17. DO NOT TAMPER WITH THIS PAD IN ANY WAY.
- 18. THERE ARE NO USER-SERVICEABLE PARTS, IF FOR ANY REASON THIS PAD DOES NOT FUNCTION SATISFACTORILY, SEE WARRANTY FOR CONSUMER SERVICE INFORMATION.
- 19. DO NOT USE THIS PAD WITH LINIMENT, SALVE OR OINTMENT PREPARATIONS, ESPECIALLY ONES THAT CONTAIN HEAT- PRODUCING INGREDIENTS. SKIN **BURNS COULD RESULT.**
- 20. DO NOT BEND OR PINCH CORD AND DO NOT USE IF CORD IS DAMAGED.
- 21. NEVER LEAVE THE APPLIANCE UNATTENDED. **ESPECIALLYIF CHILDREN ARE PRESENT.**
- 22. LOOP CORD LOOSELY WHEN STORING. TIGHT WRAPPING MAY DAMAGE CORD AND INTERNAL PARTS.
- 23. SAVE THESE INSTRUCTIONS.

THIS APPLIANCE HAS A POLARIZED PLUG (ONE BLADE IS WIDER THAN THE OTHER). TO REDUCE THE RISK OF ELECTRIC SHOCK, THIS PLUG IS INTENDED TO FIT IN A POLARIZED OUTLET ONLY ONE WAY. IF THE PLUG DOES NOT FIT FULLY IN THE OUTLET, REVERSE THE PLUG. IF IT STILL DOES NOT FIT, CONTACT A QUALIFIED ELECTRICIAN TO INSTALL THE PROPER OUTLET.

DO NOT ATTEMPT TO MODIFY THIS PLUG OR DEFEAT THIS SAFETY FEATURE IN ANY WAY.



## HOW TO USE YOUR HEATING PAD

1. Lay the Cover on a flat surface with the printing face up. Insert the heating pad into the cover, making sure the cord and controller remain on the outside of the cover. Snap the cover closed.

## WARNING: Never use the warming pad without the cloth cover.

- 2. Plug into any 120V AC electrical outlet. The LCD display lights up and goes out immediately.
- 3. To turn the pad on, press the Power Button. The LCD display lights up. The default temperature setting is the Lowest setting (35'C) and the default timer setting is 1h.
- 4. Press Temp Button to select temperature settings. The setting grid increases one by one each time you press the button. The temperature figure changes accordingly (35-40-45-50-55-60-65-70'C). The pad starts heating immediately when you loose the button. When heated to the temperature of selected setting, it stays at stable status.

  5. Press Timer Button to select Auto-Off timing. The default
- setting is 1:00. The 6 timing sequence is: 1:00-1:30-2:00-00:15-00:30-00:45. When you loose the button, it starts countdown timing automatically by minute.
- 6. Press Temp Button for 2 to 3 seconds, it switches freely between Celcius and Fahrenheit.
- 7. If there is no more selection on the settings, the pad will turn into operation status, and reach out equilibrium
- 8. The pad will shut off automatically when time reaches the
- selected setting. LCD display goes out as well.

  9. DURING USE, NEVER PLACE THE CONTROLLER UNDER THE PAD.

# **USING MOIST HEAT THERAPY**

Your heating pad includes a separate sponge for moist heat. When using moist heat therapy, you should protect furniture and

- clothing from becoming damp. 1. Run warm water over the Moist Heat Sponge until it is thoroughly saturated.
- 2. Gently wring out excess water.
  3. Place the sponge on top of the vinyl heating pad and slip the cloth cover over the heating pad. Snap the cover closed.

DANGER: Do not immerse pad in water or place under running water to dampen surface. Failure to comply may result in personal injury.

#### **FABRIC COVER WASHING INSTRUCTIONS** DO NOT DRY CLEAN! DO NOT BLEACH! DO NOT USE WRINGER!

- 1. Disconnect pad from outlet.
- 2. Remove cover from pad.
- 3. Machine wash in cool water on gentle cycle, or hand wash. Use mild detergent.
- 4. Hang to dry or machine dry on gentle, cool cycle.